

FACT SHEET:

New York State Smokers' Quitline Services

What is the Quitline?

The New York State Smokers' Quitline is a free and confidential program that provides evidence-based stop smoking services to New York residents who want to stop smoking or using other forms of tobacco.

Quitline Services for Smokers and Other Tobacco Users

- Individualized telephone counseling in English or Spanish
- Two week starter kit of Nicotine Replacement Therapy (NRT) for eligible smokers*
- One scheduled callback to smokers who get a free starter kit of NRT
- Up to four scheduled telephone counseling calls for eligible Medicaid and uninsured smokers
- Up to a 6-week supply of NRT for eligible Medicaid and uninsured smokers
- Web-based services including interactive features (www.nysmokefree.com)
- Printed materials in English and Spanish
- Referrals to local stop smoking programs
- Referrals and information for NYS Health Plans' cessation services for members

* Offer limited to New York State adults (18 years of age or older) who smoke 10 or more cigarettes per day, are willing to make a quit attempt, and report no contra-indications for using the medication.

***Fax-to-Quit* Provider Referral Program**

The New York State Smokers' Quitline offers our *Fax-to-Quit program* to all health care providers to help their patients stop smoking. We offer confidential counseling and other cessation-related services to patients who use tobacco products.

How *Fax-to-Quit* Works:

- Health care providers refer their tobacco-using patients to the New York State Smokers' Quitline using the *Fax-to-Quit* referral form.
- Patients will receive a follow-up call from a Quitline Specialist.
- Eligible patients will receive counseling, a 2-week supply of NRT, printed materials, and a list of local stop smoking programs.
- Eligible Medicaid and uninsured patients will be offered the extended counseling and NRT program (up to 4 counseling calls and 6-weeks of NRT)
- A progress report with information about the patient's tobacco-use status will be faxed back to the health care provider from the Quitline Specialists.
- Patients may be referred to the New York State Smokers' Quitline as often as needed.

02/08/05

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**New York State
Smokers' Quitline**

**1-866-NY-QUITS
(1-866-697-8487)**

**Fax: 1-866-QUIT-FAX
(1-866-784-8329)**

Live Counselor Support:
Monday -Friday 9am-9pm
Saturday & Sunday 9am-1pm

Taped Message Library:
24 hours / 7 days

Tip Of the Day
24 hours / 7 days

(1-866-697-8487) www.nysmokefree.com

**Deaf, Hard of Hearing & Speech Disabled:
Call NY Relay Service 7-1-1 (Voice or TTY)
Request NYS Quitline: 1-866-697-8487**