

# Fax-to-Quit

## *At a Glance...*



The New York State Smokers' Quitline offers our **Fax-to-Quit** program to all health care providers to help their tobacco-using patients stop smoking or using other forms of tobacco. As a confidential and free service we offer:

- ❑ Telephonic cessation counseling
- ❑ A 2-week supply of nicotine replacement therapy for eligible clients\*
- ❑ Up to a 6-week supply of Nicotine Replacement Therapy (NRT) and up to four telephonic cessation counseling sessions for eligible Medicaid and uninsured patients

\* *Offer limited to New York State adults (18 years of age or older) who smoke 10 or more cigarettes per day, are willing to make a quit attempt, and report no contra-indications for using the medication.*

### **How Fax-to-Quit Works:**

- ❑ Health care providers can refer their tobacco-using patients to the New York State Smokers' Quitline using the **Fax-to-Quit** referral form.
- ❑ Patients will receive a call from a Quitline Specialist who will provide a stop smoking or stop smokeless-tobacco counseling session and screen for NRT eligibility.
- ❑ Eligible patients will receive a 2-week supply of NRT in the mail.
- ❑ Eligible Medicaid and uninsured patients will receive up to a 6-week supply of Nicotine Replacement Therapy and up to four telephonic cessation-counseling sessions.
- ❑ All patients will receive a Stop Smoking or Stop Smokeless Tobacco packet in the mail with information tailored to their specific situation and a list of local stop smoking programs.
- ❑ A progress report about the patient's tobacco use status will be faxed back to the health care provider.