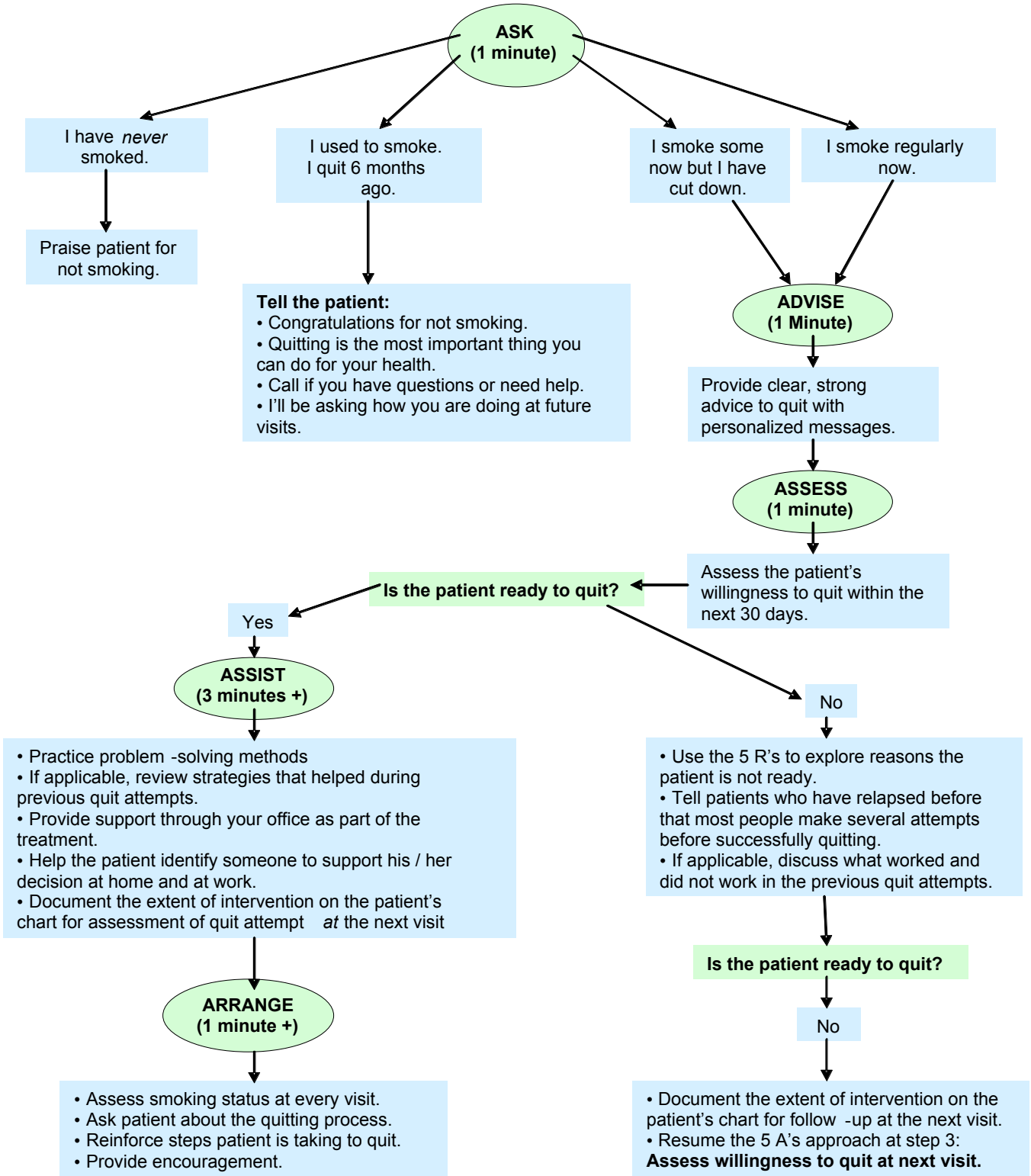Smoking Cessation: An Algorithm of the 5 A's